



ALPHA + OMEGA
God's Way Till Eternity

Behold, he cometh with the clouds,
and every eye shall see him, and they
also that pierced him. And all the tribes of
the earth shall bewail themselves because of him.
Even so. Amen.
I am Alpha and Omega, the beginning and the end,
saith the Lord God, who is, and who was,
and who is to come, the Almighty.

Revelation 1:7-8

Holy Communion Prayer for Jesus to invigorate your body

29/11/2012

Mother Mary

My Petal, thank you for today. My child, you went to pray upon my children. My child, I thank you for being obedient, but soon you will have to take time to also concentrate on your books, your prayers. I have seen that you have been feeling exhausted. My Son Jesus will restore you, your strength. My child, I, your Mother Mary, I am going to teach you a little prayer for when you come and receive my Son Jesus' Precious Body and Blood. You are going to ask him to restore your health, strength, with his Precious Body and Blood. The prayer is said in this way...

My precious Lord Jesus Christ, my Saviour in times of tribulations, trials and hardships, I am here in front of you to receive your Precious Body and Blood, your own flesh and blood, alive here for me. Through your Precious Body and Blood that I am receiving in my heart, I ask you to restore me with strength and courage as my body feels weak to carry this day, to serve you, to do your holy work, to proclaim your living Word. Sustain me through the day. Be my refuge, my strength, to praise you, to serve you.

My Jesus Christ, thank you for this sacrifice in your Holy Mass to save me and all your children.
Amen.

My child Fernanda, learn this prayer, and every time you receive my Son Jesus' Precious Body and Blood, you will feel your body vigorous again to carry on with your daily life, your chores. My child, this is a prayer given to you by me, your Mother Mary. This is a very powerful prayer, especially in times of weakness upon your body.

I, your Mother, I ask you to fast on Mondays, Wednesdays and Fridays. My Son will sustain you with his Precious Body and Blood. Fast for my Son Jesus' pains upon his Sacred Heart and for the pains of my Immaculate Heart. Do this penance on these days. Let the Holy Spirit lead you if any other intentions are also applicable, where help is most needed.